

## Any Grain Salad Dressing

30 MIN

1 Serving

Easy

Ingredients

- 1/2 cup fresh lemon juice (about 3 lemons) or organic bottled lemon juice
- 2 tablespoons olive oil
- 4 garlic cloves, minced or smashed with salt
- 2 teaspoons Dijon mustard
- 2 tablespoons chopped fresh dill or mint
- 1/2 teaspoon salt - or more to taste
- Freshly ground black pepper to taste

Instructions

This is so simple. Put everything into a 2 cup measuring cup or small bowl and whisk it up. That's about it.

This amount of dressing is good for 1 cup cooked grain or beans plus veggies. Quinoa, Farro, Black Rice, French Dupuy or Beluga Lentils all work well with this dressing.

We use brightly colored veggies in the salads: Peppers, Red Onion, Green Beans, Cremini Mushrooms (I know those aren't bright, but they are yummy when marinated in this dressing.)